**Medical Surgical Skilled Nursing Competency**

Please answer each question below. Enter your email address to receive the exam results.

Name



Email

Question 1:  
The nurse is caring for Mrs. Porter, a patient who has suffered severe burns, and monitoring her hourly urine  
output. At the end of her eight-hour shift, the total urine output for that time period is 250 cc. What is the most appropriate action for the nurse to take?

Increase the IV fluid rate and give the patient a fluid challenge.

Notify the on-coming nurse and suggest that she inform the charge RN if it doesn’t increase in the next two hours.

Chart the output and inform the on-coming nurse.Since this is a normal amount, there is no need to notify the charge RN.

Chart the output and notify the charge RN that it is low.

Question 2:  
Shane, a 58 year old white male with a 30 year pack per day history of cigarette smoking, is being admitted to the unit with a diagnosis of pulmonary emphysema. The Nurse knows that his oxygen must be delivered:

At 10 lPM via face mask

At 70 percent via respirator

In low concentrations

Only at night while he is sleeping

Question 3:  
The nurse is assigned to care for Mr. Green who has just been admitted to the MedSurg floor with a diagnosis of acute pancreatitis. The nurse knows that with this diagnosis the goal of care is to:

Monitor the urine for albumin and ketones

All of the above

Weigh the patient every day and monitor his fluid status

Control nausea, vomiting and pain

Question 4:  
The incidence of peripheral vascular disease is most common in people with:

Leukemia

Ventricular aneurysm

Viral pneumonia

Diabetes mellitus

Question 5:  
You need to transport your patient to the cardiology department in order to have a 12-lead EKG done. On the way, Mrs. Williams, the patient, asks you, “What is an EKG?” The best way for you to describe this to her is:

“It won’t hurt you. You’ll just have to be very still.”

“It is a test that measures the electrical activity of your heart.”

“It is a necessary test that will help the doctor determine how to care for your heart.”

"It is a diagnostic procedure that measures the electrical impulses form the SA node down to the AV and throughout the rest of your heart

Question 6:  
Mr. Jones has been newly diagnosed with diabetes. His care plan includes careful monitoring of his intake and output. The nurse expects to find which of the following typical presentations of diabetes?

Anuria

Polyuria

Oliguria

Hematuria

Question 7:  
Two ways that are used to increase oxygenation to the myocardium are by administering:

O2 via a venti mask and administering Lidocaine

Digoxin and heparin

O2 and performing CPR

Nitroglycerin and providing nasal O2

Question 8:  
A nurse is assigned a patient that is being treated with IV antibiotics for a large drainage wound on his left leg. According to the patient’s plan of care, the nurse is to change the dressing at 10:00am. The nurse knows that it is important to document the characteristics of the wound drainage. The characteristics the nurse would describe include all of the following observations EXCEPT:

Amount

Color

Odor

Temperature

Question 9:  
A 32~~year~~old patient, pregnant with her fourth child, complains to her nurse that her varicose veins are worse than in her previous pregnancies and asks if there is anything she can do to help relieve the discomfort. Which of the following suggestions by the nurse would NOT be beneficial in helping to alleviate some of the patient’s  
discomfort:

Advise the patient to exercise her calf muscles

Advise the patient to stand for long periods of time

Advise the patient to wear support stockings

Advise the patient to elevate her legs when sitting

Question 10:  
The nurse tells her patient that she needs to collect a clean catch urine specimen. For this procedure, the nurse is responsible for all of the following EXCEPT:

Determining if the test is even necessary

Labeling the specimen

Prevent contamination of the specimen

Instruct the patient in the proper technique to be used to obtain the specimen

Question 11:  
Nurse Harris is admitting a patient with shingles. He appears very worried and asks the nurse if his shingles are contagious. The correct response from the nurse should be:

“Yes, anyone who comes into contact with you is susceptible to infection.”

“No, only those individuals who are immunocompromised are susceptible.”

“Yes, those individuals that have compromised immune systems and / or those that are not immune from a previous infection with varicella can be infected.”

“No, shingles is not contagious.”

Question 12:  
A patient is being admitted to the MedSurg floor to be evaluated for possible pulmonary tuberculosis. The primary concern for the nurse when making a room assignment for this new admission would be:

To place her in a negative pressure room

To place her near the nurse’s station for closer observation in case of an emergency

To place her only in a room with another patient that has a respiratory infection

To place her in a room with another woman who is close to her own age

Question 13:  
Mr. Cartwright has just been admitted to the MedSurg floor following a TURP (transurethral prostatectomy). The nurse is taking the second set of vital signs and documenting her observations. Which if the following observations is NOT usual and should be reported to the RN?

Mr. Cartwright is worried and asks if he’ll ever be able to have sex again

Mr. Cartwright complains that he is having bladder pain

The irrigation tubing and collection system contain some bloody drainage and some clots

Mr. Cartwright states that he feels the urge to urinate even though he has a catheter in place

Question 14:  
The nurse knows that early warning signs of increased intracranial pressure following a head injury include:

Headache and projectile vomiting

Agitation and sleeplessness

Seizures and incontinence of urine

Dilated pupils which are non-reactive to light

Question 15:  
When having to fill out an incident / occurrence report, it is beneficial for the nurse to remember that a primary purpose of this document is to:

Identify employees that are making frequent errors

Aid in the reduction of future incidents / occurrences by helping to identify high risk practices or situations

Help lawyers defend the hospital during lawsuits

Keep accurate records on patients that are prone to accidents

Question 16:  
The nurse will be administering an enteral feeding to a 60~~year~~old patient who is unable to ingest foods orally. After raising the head of the bed to put the patient in high-fowler’s position, and before administering the feeding, the nurse must:

Aspirate the stomach contents to check for proper placement

Provide mouth care.

Place the patient on oxygen to assure adequate oxygenation during the feeding

Check the patient’s weight to determine the amount of feeding to be given.

Question 17:  
A 14~~year~~old boy has just been admitted with symptoms of meningitis: nuchal rigidity, fever, vomiting and  
lethargy. The nurse knows to expect to prepare for the following test:

Lumbar puncture

Ear and throat cultures

Blood cultures

CAT scan

Question 18:  
Mrs. Smith received her morning insulin an hour ago. The breakfast trays have been delayed. Mrs. Smith reports to her nurse that she is feeling shaky, sweaty and has a tingling sensation around her mouth and on her fingers. The nurse knows to quickly bring her:

Another dose of insulin

A cup of coffee

A tablespoon of peanut butter

A glass of orange juice

Question 19:  
Mark and Jane have just learned that Mark has been diagnosed with testicular cancer. Both of them are visibly upset. They have just recently had conversations about starting a family and now express their fears to the nurse that they will never be able to have any children of their own. The most appropriate response for the nurse to tell them would be:

“It is way too early to think of that now. You’ll be lucky to be alive in two years.”

“Fortunately, testicular cancer is almost always unilateral, so Mark may still be able to produce his own sperm and become a father.”

“Only a specialist will be able to help you with that after your surgery.”

“There are new technologies and many alternatives available for couples these days. I’m sure you’ll be able to locate a good sperm donor.”

Question 20:  
An 82~~year~~old male patient who is scheduled for open-heart surgery the next morning, informs his nurse, “If things don’t go well during my surgery, I don’t want any heroic things done that will only leave me hooked up to a bunch of machines in order to stay alive.” The nurse tells him that the most effective way for him to assure that his wishes will be carried out is for him to:

Talk to his primary care physician

Prepare an advanced directive, such as a Living Will

Discuss the matter with his family

Talk with the hospital chaplain about his wishes

Question 21:  
While turning over in bed a fresh postoperative patient accidentally pulls out her right chest tube. The patient’s nurse is in the room and is unable to intervene quickly enough to prevent the dislodgement, but is able to keep the end of the chest tube from falling onto the floor. The nurse’s FIRST action should be:

Tell the patient to take a deep breath and cough three times

Cover the opening to maintain a seal

Reinsert the tube and tape it into position

Roll the patient quickly onto her left side

Question 22:  
Hip fractures typically occur in older patients as a direct result of falling. This is because older patients tend to suffer from:

Osteoarthritis

Paget’s disease

Osteomyelitis

Osteoporosis

Question 23:  
Mrs. Young, an elderly patient on the MedSurg floor has developed a reddened area on her coccyx. Which of the following would be the most effective nursing intervention?

Turn and position her every 2 hours

Sit her on a foam pillow

Get the doctor to change her bed rest order

Increase her fluid intake

Question 24:  
Mr. Thompson is a 61~~year~~old patient that has been on a corticosteroids for his asthma for more that twenty years. He has since developed a “moon” face, a “buffalo hump”, obesity mainly in his torso, hyperglycemia and hyper-tension. His disorder is known as:

Hypothyroidism

Hyperparathyroidism

Adult onset diabetes

Cushing’s syndrome

Question 25:  
When answering a call light, the nurse enters a patient’s room to find a frightened mother whose 5~~year~~old daugh-ter, a new admission to the unit, is having a seizure. What should be the nurse’s very FIRST action?

The nurse should ask the mother to help restrain the child to prevent her from injuring herself.

The nurse should run down the hall to find a padded tongue blade that can be quickly inserted into the pa-tient’s mouth to prevent her from swallowing or choking on her tongue.

The nurse should quickly assess the bed area to make sure the environment is safe for the patient and that there is not any object nearby that may injure the patient.

The nurse should call the hospital operator and page for seizure assistance.

Question 26: HIPPA Privacy Rule protects an individual's right to privacy and confidentiality of health information.

False

True

Question 27: Non-compliance of HIPPA could result in sactions of criminal and civil charges.

True

False

Question 28: Who is covered by HIPPA?

All of the above

Healthcare Clearing Houses

Health Plans

Healthcare providers who transmit any health information in a standard electronic format

Question 29: Confidentiality protections cover not just the patients health-related information, such as diagnosis, but also other identifying information, such as Social Security Number and telephone numbers.

False

True

Question 30: You should check with your supervisor if you are presented with a HIPPA release that you are unsure of how to handle properly.

False

True

Question 31: Computer equipment that has been used to store patient health information must undergo special processing to remove all traces of information before being disposed of:

False

True

Question 32: What does PHI stand for?

Personal Health Information

Protected Health Information

Private Health Information

Question 33: In general, PHI releases have to be limited to the minimum necessary to get the job done right.

False

True

Question 34: Documents contianing PHI should be kept in a secure location.

False

True

Question 35: In certian situations, providers should release PHI to the Health Department in the interest of public health.

True

False

Question 36: The MSDS gives you the information about materials, hazards and how to control them.

False

True

Question 37: You can assume the content of an unlabeled container are harmless if there is no chemical odor.

True

False

Question 38: Hand washing is not required after gloves or personal protective equipment is removed.

False

True

Question 39: Airborne Isolation Precautions must be initiated when a patient is diagnosed with, or suspected of having an airborne communicable disease.

False

True

Question 40: You may prevent injury to your back by using good body mechanics

True

False

Question 41: Pertaining to a fire, what does the "R" in R.A.C.E stand for?

Run

Retreat

Rescue

Return

Question 42: ambulatory patients are to be evacuated last in an emergency

False

True

Question 43: If you know that an error has occurred, even if you think that you did not make the error, you have a resposnibility to report it.

False

True

Question 44: If you know that an error has occurred, even if you think that you did not make the error, you have a resposnibility to report it.

True

False

Question 45: when dealing with bodily substances, as long as the staff member is careful, they do not need to wear personal protective equipment.

False

True

Question 46: The elderly can hear low frequency tones better.

False

True

Question 47:Physical, financial and Neglect are all types of Elder Abuse

True

False

Question 48:Patient Rights include having pain assessed and managed

False

True

Question 49:The most common injury in an elderly person after falling is:

Bruises

Broken Wrist

Laceration

Fractured Hip

Question 50:A physician's order is required for the application of restraints.

False

True

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